

HOLISTIC HEALTH APPROACH TO DISTRESS AND BODY PAIN

If you think an alternative healing treatment may be the right approach for your condition but don't know where to start, this workshop is for you!

Each session our holistic practitioners with various disciplines will host the workshop and meet with attendees to discuss possible healing modalities that may help with their condition.

RSVP is required. Please email your RSVP to sonomarebound@gmail.com. All are welcome, donations to Sonoma Rebound are appreciated.

Date/Time: Every 2nd and 4th Saturday 2pm – 3:30pm

Location: Santa Rosa Share Space Office : 533 5th Street Santa Rosa CA 95401

*please note: The entrance to the office is locked at all times. Please ring doorbell or call **707-327-2784** when you arrive.



Our workshop host Jennifer Blakey is a Reiki Master, intuitive, medium, and Certified Patient Navigator, specializing in Holistic Healthcare with over 20 years of experience in bodywork, movement and the healing arts.

Her natural intuitive gifts, broad education, and many years of experience as a massage therapist in physical therapy clinics, spas, and in private practice, have given her a unique holistic perspective on healing.

Her love for what she does, skills, and compassion shine through in nurturing and transformational sessions.

Sonoma Rebound is a 501c3 non-profit organization. Our mission is to connect with people who can offer services to help the community and to create a place where people can come receive services with a personal touch. Please visit our website <http://sonomarebound.org> for more information.